

Wellhouse Spa Treatment Prices

BLACKBERRY FARM

Total Well-Being Massage

Wellhouse Soothe	50 min. / \$180
	80 min. / \$280
	110 min. / \$375
Deep Tissue Muscle Recovery	50 min. / \$185
	80 min. / \$290
Couple's Massage	50 min. / \$360
	80 min. / \$560
	110 min. / \$750
Hesse Creek Stone Massage	80 min. / \$290
	110 min. / \$385
Reiki	50 min. / \$190
Healing Herbs & Flowers	50 min. / \$185
	80 min. / \$290
	110 min. / \$385
Thai Massage	80 min. / \$290
	110 min. / \$385
Mother-To-Be Massage	50 min. / \$180
Galvlati	50 min. / \$370
	80 min. / \$580

Body Enhancements

Revitalizing Foot Massage	25 min. / \$90
Revitalizing Scalp Massage	25 min. / \$90
Revitalizing Duo Scalp and Foot Massage	50 min. / \$180

Balanced Body

Lavender and Vanilla Bourbon Body Drench	80 min. / \$290
Smoky Mountain Skin Glow	80 min. / \$290
Mother-To-Be Restorative Body Treatment	50 min. / \$185
	80 min. / \$290
Appalachian Body Purification	50 min. / \$185
	80 min. / \$290
Nature's Pharmacy: Magnesium Renewal	80 min. / \$290

Essential Skin Care

Wellhouse Pure Results	50 min. / \$185
	80 min. / \$280
Natural Farm-Fresh Face Lift	80 min. / \$290
Natural Farm-Fresh Rejuvenation	50 min. / \$220
Vitamin C Brightening Facial	50 min. / \$220
	80 min. / \$290
Hydrafacial	50 min. / \$275
	80 min. / \$385
Beautiful Back	50 min. / \$185

The Blackberry Man

A Man's Man Massage	50 min. / \$180
	80 min. / \$280
	110 min. / \$375
Saving Face	50 min. / \$185
	80 min. / \$290
Muscle Melt	50 min. / \$185
	80 min. / \$290
Hand Restoration Manicure	45 min. / \$70
High-Adventure Foot Restoration Pedicure	50 min. / \$100
Men's Haircut	\$70

Healthy Feet & Nail Care

The Essentials	mani-50 min. / \$85
	pedi-50 min. / \$95
Nature's Pharmacy: Magnesium Renewal Pedicure	\$100
Luxury-Loving Manicure	75 min. / \$120
Gilded Pedicure	75 min. / \$120
High-Adventure Foot Restoration Pedicure	
Women's	75 min. / \$120
Men's	50 min. / \$100
Eco-fin Healing Heat Therapy	
Hands	\$30
Feet	\$30
Hands & Feet	\$50
Polish Options	
Couture Nail Color	included
Extended-Wear	+\$10
Gel Polish Application	\$20
Gel Polish Removal	\$20

Wellhouse Primp & Polish

Shampoo & Blow-Dry	\$100
Neuhair Rejuvenation Therapy	\$140
Women's Haircut	\$165

Blackberry Bloomers Junior Spa Menu

Seedling (5-16 years)	mani-30 min. / \$50
Teensie Toes (5-12 years)	30 min. / \$50
Teen Toes (13-16 years)	45 min. / \$60
Sprout Facial (13-16 years)	50 min. / \$150

Blackberry-Time Experience

Come Grass Time	\$480
Lay-By Time	\$480
Harvest Time	\$480
Restin' Time	\$480

Wellhouse To-Go

In-Room Massage	\$50 additional
The Perfect Evening In	\$280 per person / split of champagne
	\$560 per couple / full bottle of champagne

Spa Bundles

Spa Sampler	180 min. / \$420
Spa Junkie	300 min. / \$600
Day of Well-Being	\$800

This all-inclusive experience was designed to tailor a day specifically to you. Whether you're looking for a day of relaxation or exhilaration and nourishment this is truly the best way to experience the Wellhouse. We invite you to select any combination spa services to build your perfect day. You will leave with a true sense of balance and well-being.

Wellhouse Wellness Activities Prices

BLACKBERRY FARM

Strength & Fitness

* one-on-one session ** group session

** Stretch & Release	45 min. / \$35
** Zumba	50 min. / \$35
** Barre	50 min. / \$35
** Aquafit	50 min. / \$35
** Cardio Core	50 min. / \$35
** Blackberry F.I.T.	50 min. / \$35
** Wellhouse H.I.I.T.	50 min. / \$35
* Dance Instruction	50 min. / \$125
* TRX & Stretch	50 min. / \$125
* Personal Training	50 min. / \$125
	80 min. / \$175
* Foam Rolling Release	30 min. / \$65

*Any group session can be done privately for an additional \$90
Each additional person incurs an additional \$50*

Yoga & Meditation

* one-on-one session ** group session

** Yoga Basics	50 min. / \$35
** Flow Yoga	50 min. / \$35
** Restorative Yoga	50 min. / \$35
** Guided Meditation	45 min. / \$35
* Private Yoga	50 min. / \$125
	80 min. / \$165

*Any group session can be done privately for an additional \$90
Each additional person incurs an additional \$50*

Outdoor Active Body

Aerobic Guided Hike	120 min. / \$125
(per two people)	240 min. / \$250
	Full Day / \$300
Guided Trail Running	60 min.; up to 2 miles / \$125
(per two people)	120 min.; 3-6 miles / \$200
Tennis	60 min. / \$125

Mindfulness

Creative Presence	80 min. / \$190
Journaling	50 min. / \$125

Nourishing Table

Nutrition Consultation	80 min.; First session / \$200
	50 min.; Follow-up / \$150
Juicing Session	50 min. / \$95

Any private nutritional consultation can be with two or more people at \$75 additional per person.

Deep Healing Woods

Earthfit Endurance Hike	Private or per two people 90 min. / \$150
	\$75 Each additional person
Earthfit Forest Run	Private or per two people 90 min. / \$150
	\$75 Each additional person
Deep Healing Woods Yoga	Private or per two people 90 min. / \$190
	\$75 Each additional person
Deep Healing Woods Meditation	Private or per two people 90 min. / \$190
	\$75 Each additional person

Blackberry Learning Lectures

All 50 min. / \$100 for private session / \$35 per additional person

Functional Fitness for Life
Juice Power
Understanding Your Skincare
Aromatherapy 101

Blackberry Immersion

Contact concierge for more information

All rates subject to an additional service charge and taxes and rates are subject to change without notice. Please contact our concierge team for more details. As a courtesy to other guests, we kindly ask that cancellations and appointment changes be made by 7:00pm the day prior to your scheduled service to avoid penalties. Any appointments made or canceled after 7:00pm the day prior will incur a 50% cancellation fee.

In cases of severe weather penalties for canceling or changing outdoor activities will not be imposed.

Activities Prices

BLACKBERRY FARM

Hiking

On Property Hike	(1–2 hours)
Up to Two People	\$125
Each Additional Person	\$40
On or Off Property Hike	(3–4 hours)
Up to Two People	\$225
Each Additional Person	\$80
On or Off Property Hike	(6–8 hours)
Up to Two People	\$300
Each Additional Person	\$100

Bird Watching

Birding Workshop and Walk	(1 hour)
Up to Two People	\$100
Each Additional Person	\$50
Birdwatching Hike	(2 hours)
Up to Two People	\$175
Each Additional Person	\$75

Geocaching

Letterboxing Kit with GPS rental	\$75
With Accompaniment of Guide	(up to 2 hours)
Up to Two People	\$125
Each Additional Person	\$40

Cycling

Road or Leisure	
ALLIED Alfa All Road Bike Rental	\$125 (per bike)
<i>Allied Alfa All Road bikes included in guided rides</i>	
Cycling 101	(2 hours) \$175 (per person)
Blackberry Guided Ride	(2 hours) \$200 (per person)
Half-Day Guided Ride	(3–4 hours) \$275 (per person)
Full-Day Guided Ride	(6–8 hours) \$325 (per person)

Mountain Biking

Mountain Biking	(2 hours) \$200 (per person)
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Available Seasonally May–October

Canoeing	\$250 (per person)
Kayaking	\$250 (per person)
Stand Up Paddleboard	\$250 (per person)
Foothills Lake Life	\$750 (per two people)
\$150 per each additional person	
MasterCraft Adventure	
Foothills Cruise	

Horseback Riding

Field & Stream Ride	\$225 (per person)
Hunter Pace	\$225 (per person)
Pony Time	\$150 (per family with one child)
	\$60 (each additional child)
Recreational Riding Instruction	\$225 (per person)
Full-Day Horse Clinic	\$500 (per person)
Smoky Mountain Wilderness Ride	\$500 (per person)
Ride and Dine	\$500 (per person)
Natural Horsemanship Experience	\$125 (per person)
Pair with a Foothills Trail Ride	\$250 (per person)
Mounted Foxhunting	(Offered September–March)
<i>Please contact stables for availability and pricing.</i>	

Carriage Rides

Carriage Ride	\$300 (2 people)
Carriage/Wagonette Ride	\$400 (3–8 people)
Wagon Ride	\$600 (9–10 people)
Recreational Carriage Driving Instructions	
Mini Horse	\$250 (per person)
Full-Sized Horse	\$400 (per person)
Pair/Full-Sized Horses	\$500 (per person)

Fly-Fishing

On Property Fly Fishing	
Private Instruction	(1 hour) \$95 (per person)
Guided Fly Fishing Trip	(2 hours) \$195 (per person)
One Day Fly Fishing School	(8 hours) \$495 (per person)
On or Off Property Fly Fishing	
Guided Fly Fishing Trip	(4 hours) \$265 (per person)
Off Property Fly Fishing	
Guided Fly Fishing Trip	(6 hours) \$300 (per person)
Guided Fly Fishing Trip	(8 hours) \$350 (per person)
Float Trip	(8 hours) \$425 (up to two people)

Tree Climbing

\$175 (per person)

The below activities are available at 9:00am, 11:00am, and 1:00pm daily at Smoky Mountain Sports Club.

Sporting Clays

\$250 (per person)

Paintball

\$125 (per person)

Archery

\$125 (per person)

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Whiskey Tastings

Basic American Whiskey Tasting	\$150 (per person)
Basic Scotch Whiskey Tasting	\$250 (per person)
Van Winkle Experience	\$500 (per person)
The Bucket List Experience	\$1,000 (per person)

Wine Tastings

Wine and Cheese	\$250 (per person)
Just Reds	\$325 (per person)

Private Wine Tastings available upon request.

Art on the Farm

Painting by the Glass	\$195 (per person)
Raku Ceramics (minimum of two guests)	\$225 (per person)

Farmstead Field School

Artisan Cooking Demo	\$195 (per person)
Farmstead Tasting Tour	\$125 (per person)
Garden with a Master	\$90 (per person)

Adventure Series

Families Activities priced for up to 4 people.

Working Farm Tour	(90 minutes)
Family up to four people	\$175
Each Additional Person	\$25
Stream Exploration	(90 minutes)
Family up to four people	\$175
Each Additional Person	\$25
Adventure Archery	(90 minutes)
Family up to four people	\$175
Each Additional Person	\$25
Wilderness Hike	(90 minutes)
Family up to four people	\$175
Each Additional Person	\$25
Compass Course	(90 minutes)
Family up to four people	\$175
Each Additional Person	\$25
Orienteering	(90 minutes)
Family up to four people	\$175
Each Additional Person	\$25
Paddle Sports	(2 hours)
Family up to four people	\$250
Each Additional Person	\$50

Camp Blackberry

Camp Blackberry Sessions:

Easter	
Spring Break	(March 11 through April 18)
Family Time	(Memorial Day through Labor Day)
Thanksgiving Holiday	
Christmas Holiday	

Private Camp Blackberry Sessions are available outside of Family Time and Holidays.

Private Camp Session	(3 hours) \$150
Each Additional Person	\$50

Youth Blackberry Discovery

Available at special times throughout the year.

Contact the concierge for more details.

Guest Carts

\$40 (half day)

\$80 (per day)

Complimentary for a quick trip

Lexus Experience

Swimming

Tennis

Photo Session

Fitness Center

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